

## CARING FOR YOUR PROSTHESIS

Treat your prosthesis as you would your own skin. Your prosthesis should last you many years if you look after it.

### To protect your breast form:

- Always store it in its box. This will help it maintain its shape.
- Insert your prosthesis carefully in the pocket of your bra. Cup the prosthesis in your hand and slide gently into the pocket. **DO NOT FOLD IT IN HALF AND PUSH INTO THE POCKET.**
- Avoid sharp objects and direct sunlight. Beware of small punctures caused by fingernails, jewellery, scissors, pins and pets' claws or teeth.
- Gently wash your prosthesis daily using warm water. Rinse thoroughly and pat dry with a towel. **Never use abrasive cleaners, acetone, alcohol or any other solvent on your breast form.**
- Wear a bra that fits you properly. If your bra is too small it can cause the silicone to deteriorate.
- If your body changes shape or size, you may need a new size or shape to suit you better.
- Swimming is a good form of exercise after surgery. After swimming you must wash your breast form carefully to remove chlorine or salt. There are special swimming prostheses available if you swim regularly.

Your prosthesis should not be used in direct contact with open or broken skin. Should you experience a skin rash or other irritation, immediately discontinue use and seek medical advice.

Amanita Services Sdn Bhd (788618-H)  
Lot 1.06, 1<sup>st</sup> Floor, The Ampwalk, 218 Jalan Ampang, 50450 Kuala Lumpur, Malaysia  
Tel: 603-2162 8215 Fax: 603-2163 6172 Email: [info@amanita.com.my](mailto:info@amanita.com.my)

Subang Jaya Medical Centre, 1 Jalan SS12/A, 47500 Subang Jaya, Selangor, Malaysia  
Tel/Fax: 603-5639 1540

Email: [info@amanita.com.my](mailto:info@amanita.com.my)

Website: [www.amanita.com.my](http://www.amanita.com.my)